



The Athletic Training Center
9301 W. 73rd St., Merriam, KS

The Athletic Training Center offers:

- ◆ A fully-equipped weight room featuring circuit weight and free weight equipment by Body Masters and Hammer Strength.
- ◆ A cardiovascular workout area featuring treadmills, bicycles, stair climbers, and elliptical machines - and a cardio theatre!
- ◆ Innovative aerobics classes and on-going fitness programming.
- ◆ Racquetball Courts.

Attention Coaches and Parents - Looking for that competitive edge for your sports team? Increase speed, agility and strength with a program designed just for your team. Group workouts build team camaraderie.



Pay
for 10 months of
membership and
get two months
FREE!

**For membership information,
call (913) 403-8272**